Anthem BlueCross BlueShield SmartSense Plus

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2013 - 01/01/2014

Coverage For: Individual/Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document by calling 800-930-7956 or www.medicoverage.com.

| Important Questions | Answers | Why this Matters: |
|--|---|---|
| What is the overall deductible? | \$2500 single / \$5000 family for In-Network Provider \$2500 single / \$5000 family for Non-Network Provider Does not apply to In-Network Preventive Care, Copayments, and Prescription Drugs | You must pay all the costs up to the <u>deductible</u> amount before this health insurance plan begins to pay for covered services you use. Check your policy to see when the <u>deductible</u> starts over (usually, but not always, January 1st.) See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> . |
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services, but see the chart starting on page 3 for other costs for services this plan covers. |
| Is there an out-of-pocket limit on my expenses? | Yes; In-Network Provider Single: \$6000 , Family: \$12000 Non-Network Provider Single: \$10000 , Family: \$20000 | The <u>out-of-pocket limit</u> is the most you could pay during a policy period for your share of the cost of covered services. This limit helps you plan for health care expenses. |
| What is not included in the out-of-pocket limit? | Balance-Billed Charges, Copayments, Health Care This Plan Doesn't Cover, Premiums, Office Visit Copays, Costs Related to Covered Prescription Drugs. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Is there an overall annual limit on what the insurer pays? | No. This policy has no overall annual limit on the amount it will pay each year. | The chart starting on page 3 describes any limits on what the insurer will pay for specific covered services, such as office visits. |

OH SmartSense Plus - \$2500/30%

| Important Questions | Answers | Why this Matters: |
|---|---|---|
| Does this plan use a <u>network</u> of <u>providers</u> ? | Yes. 800-930-7956 or www.medicoverage.com for a list of participating providers. | If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Plans use the terms in-network, preferred, or participating to refer to providers in their network. |
| Do I need a referral to see a specialist? | No, you do not need a referral to see a specialist. | You can see the specialist you choose without permission from this plan. |
| Are there services this plan doesn't cover? | Yes. | Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about excluded services. |



- Co-payments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Co-insurance</u> is your share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>co-insurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use **In-Network Provider** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

| Common Medical Event | Services You May Need | Your Cost If You Use a In- Network Provider | Your Cost If You Use a Non- Network Provider | Limitations & Exceptions |
|---|--|--|--|---|
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | \$35 copay for first 3 visits and then 30% coinsurance | 50% coinsurance | none |
| | Specialist visit | \$35 copay for first 3 visits and then 30% coinsurance | 50% coinsurance | none |
| | Other practitioner office visit | Manipulative Therapy 30% coinsurance Acupuncturist Not covered | Manipulative Therapy 50% coinsurance Acupuncturist Not covered | Manipulative Therapy Coverage is limited to a total of 20 visits, In- Network Provider and Non-Network Provider combined per year. There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation. Manipulative Therapy visits count towards your Physical Therapy limit. |
| | Preventive care/screening/ immunizations | No charge | 50% coinsurance | none |
| If you have a test | Diagnostic test (x-ray, blood work) | <u>Lab - Office</u> 30% coinsurance <u>X-Ray - Office</u> 30% coinsurance | <u>Lab - Office</u> 50% coinsurance <u>X-Ray - Office</u> 50% coinsurance | none |

| Common Medical Event | Services You May Need | Your Cost If You Use a In- Network Provider | Your Cost If You Use a Non- Network Provider | Limitations & Exceptions |
|---|--|--|---|---|
| | Imaging (CT/PET scans, MRIs) | 30% coinsurance | 50% coinsurance | none |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.anthem.com/pharmacyinformation/ | Tier 1 – Generic Drugs | \$15 or 40% coinsurance, whichever is greater | \$15 or 40% coinsurance, whichever is greater | Unless otherwise indicated all retail sales have a 30 day limit. Mail Service has a 90 day limit. Specialty medications are limited to a 30 day supply regardless of whether they are retail or mail service. |
| | Typically Preferred/Formulary Drugs | \$15 or 40% coinsurance, whichever is greater | \$15 or 40% coinsurance, whichever is greater | Unless otherwise indicated all retail sales have a 30 day limit. Mail Service has a 90 day limit. Specialty medications are limited to a 30 day supply regardless of whether they are retail or mail service. |
| | Tier 3 – Typically Non-preferred/ non-Formulary Drugs | Not covered | Not covered | none |
| | Tier 4 – Typically Specialty Drugs | \$15 or 40% coinsurance, whichever is greater | Not covered | Unless otherwise indicated all retail sales have a 30 day limit. Mail Service has a 90 day limit. Specialty medications are limited to a 30 day supply regardless of whether they are retail or mail service. |
| If you have outpatient Surgery | Facility Fee (e.g., ambulatory surgery center) | 30% coinsurance | 50% coinsurance | none |
| | Physician/Surgeon Fees | 30% coinsurance | 50% coinsurance | none |
| If you need immediate medical attention | Emergency Room Services | 30% coinsurance | 30% coinsurance | none |
| | Emergency Medical Transportation | 30% coinsurance | 30% coinsurance | none |
| | Urgent Care | 30% coinsurance | 30% coinsurance | none |

| Common Medical Event | Services You May Need | Your Cost If You Use a In- Network Provider | Your Cost If You Use a Non- Network Provider | Limitations & Exceptions |
|---|--|--|--|---|
| If you have a hospital stay | Facility Fee (e.g., hospital room) | 30% coinsurance | 50% coinsurance | Physical Medicine and Rehabilitation (In-Network and Non-Network combined) limited to 40 days, includes Day Rehabilitation programs. |
| | Physician/surgeon fee | 30% coinsurance | 50% coinsurance | none |
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health outpatient services | Mental/Behavioral Health Office Visit 30% coinsurance Mental/Behavioral Health Facility Visit - Facility Charges 30% coinsurance | Mental/Behavioral Health Office Visit 50% coinsurance Mental/Behavioral Health Facility Visit - Facility Charges 50% coinsurance | Mental/Behavioral Health Office Visit Coverage is limited to a total of 10 visits, In- Network Provider and Non-Network Provider combined per year for non-biologically-based mental illnesses. There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation. |
| | Mental/Behavioral health inpatient services | 30% coinsurance | 50% coinsurance | Coverage is limited to a total of 5 days, In-Network Provider and Non-Network Provider combined per yearfor non-biologically-based mental illnesses. |
| | Substance use disorder outpatient services | Substance Abuse Office Visit 30% coinsurance Substance Abuse Facility Visit - Facility Charges 30% coinsurance | Substance Abuse Office Visit 50% coinsurance Substance Abuse Facility Visit - Facility Charges 50% coinsurance | Substance Abuse Office Visit Coverage is limited to 10 visits per year for alcohol related and 10 visits per year for non-alcohol related. Combined In-Network and Non-Network. There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation. |
| | Substance use disorder inpatient services | 30% coinsurance | 50% coinsurance | Coverage is limited to 5 days per year for alcohol related and 5 days per year for non-alcohol related. Combined In-Network and Non-Network. Inpatient and outpatient limit of 1 rehabilitation program per benefit period. |
| If you are pregnant | Prenatal and postnatal care | Not covered | Not covered | none |

| Common Medical Event | Services You May Need | Your Cost If You Use a In- Network Provider | Your Cost If You Use a Non- Network Provider | Limitations & Exceptions |
|---|-------------------------------------|--|---|---|
| | Delivery and all inpatient services | Not covered | Not covered | none |
| If you need help recovering or have other special health needs | Home Health Care | 30% coinsurance | 50% coinsurance | Coverage is limited to a total of 60 visits, In- Network Provider and Non-Network Provider combined per year. |
| | Rehabilitation Services | 30% coinsurance | 50% coinsurance | Coverage for physical therapy is limited to 20 visits per year, occupational therapy is limited to 20 visits per year, and speech therapy is limited to 20 visits per year. Manipulative Therapy visits count towards your Physical Therapy limit. |
| | Habilitation Services | 30% coinsurance | 50% coinsurance | Habilitation visits apply to Rehabilitation limits. |
| | Skilled Nursing Care | 30% coinsurance | 50% coinsurance | Coverage is limited to a total of 90 days, In- Network Provider and Non-Network Provider combined per year. |
| | Durable medical equipment | 30% coinsurance | 50% coinsurance | none |
| | Hospice service | 30% coinsurance | 50% coinsurance | none |
| If your child needs dental or eye care | Eye exam | Not covered | Not covered | none |
| | Glasses | Not covered | Not covered | none |
| | Dental check-up | Not covered | Not covered | none |

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (adult)
- Hearing aids
- Infertility treatment
- Long- term care
- Private-duty nursing
- Routine eye care (adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Most coverage provided outside the United States. See

www.bcbs.com/bluecardworldwide.

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-888-613-6097. You may also contact your state insurance department at:

Ohio Department of Insurance 50 West Town Street, Third Floor, Suite 300 Columbus, OH 43215 800-686-1526 or 614-644-2673

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Ohio Department of Insurance 50 West Town Street, Third Floor, Suite 300 Columbus, OH 43215 800-686-1526 or 614-644-2673

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如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

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About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

■ Amount owed to providers: \$7,540

■ Plan pays: \$100

■ Patient pays: \$7,440

Sample care costs:

| Hospital charges (mother) | \$2,700 |
|----------------------------|---------|
| Routine obstetric care | \$2,100 |
| Hospital charges (baby) | \$900 |
| Anesthesia | \$900 |
| Laboratory tests | \$500 |
| Prescriptions | \$200 |
| Radiology | \$200 |
| Vaccines, other preventive | \$40 |
| Total | \$7,540 |

Patient pays:

| Total Deductibles | \$730 |
|----------------------|---------|
| Co-pays | \$0 |
| Co-insurance | \$0 |
| Limits or exclusions | \$6,710 |
| Total | \$7,440 |

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

■ Plan pays: \$2,090 ■ Patient pays: \$3,310

Sample care costs:

| Prescriptions | \$2,900 |
|--------------------------------|---------|
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures | \$700 |
| Education | \$300 |
| Laboratory tests | \$100 |
| Vaccines, other preventive | \$100 |
| Total | \$5,400 |

Patient pays:

| Total Deductibles | \$2,500 |
|----------------------|---------|
| Co-pays | \$500 |
| Co-insurance | \$230 |
| Limits or exclusions | \$80 |
| Total | \$3,310 |

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: 800-930-7956 or www.medicoverage.com.

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>co-insurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as co-payments, deductibles, and co-insurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.