# **TONIK**<sup>SM</sup> \$3,000 Plan effective 9-23-2010



# **Summary of Benefits**

This is only a brief summary of your coverage. Benefits apply when care is medically necessary. Services are covered up to the Maximum Allowable Benefit (MAB). Network providers agree to accept the MAB as payment in full. However, if you receive services from an out-of-network provider, it is your responsibility to pay the difference between the MAB and the provider's charge.

	Service Received	Your Share of the Cost	
Preventive Care		Network Benefits	Out-of-Network Benefits
•	Routine ancillary services (e.g.; prostate screening, screening mammography, pap smears, colorectal cancer screening, cholesterol screening, and preventive immunizations and vaccines)	Covered in full	Covered to MAB
Offi	ce Visits		
•	Routine vision exam (one exam per member per calendar year)	\$30 per visit for the first	
•	Routine hearing exam (one exam per member per calendar year)	four (4) Office Visits per member per calendar year*	
Offi • • • • • • • • • • • • • • • • • •	Medical exams er Outpatient Care	memoer per eurenaur yeur	Subject to:
•	Physical therapy, occupational therapy, and speech therapy	Subject to:	Subject to.
	(up to a combined 30 visits per member per calendar year) <sup>9</sup>	¢2.000.1.1. (11	\$3,000 deductible per
•	CT scan and MRI, outpatient facility fees	\$3,000 deductible per member per calendar	member per calendar year <sup>σ</sup>
•	Lab, x-ray, and ultrasounds	year <sup>o</sup>	year
•	Surgery in hospital outpatient department or ambulatory surgery center	) ett.	and
Inpa	atient Care (as a bed patient in an acute care hospital)		50% coinsurance up to
•	Semi-private room and board		\$7,000 per member per
•	Physician in-hospital care, surgery, anesthesia, lab, x-ray, CT scan, MRI, medical supplies, medication and physical, occupational, and speech therapy		calendar year <sup>6</sup>
Note cove	e: Maternity care (prenatal, admission, delivery, post-partum) is ered only if you have purchased a maternity rider.		
Skil	led Nursing Facility		
(up i	to 100 inpatient days per member per calendar year) <sup>9</sup>		Some out-of-network
(up)	<b>sical Rehabilitation Facility</b> to 100 inpatient days per member per calendar year) <sup>9</sup>		benefits are subject to pr
Hon	ne Health Care		certification requirement Refer to your Subscriber
	to 60 visits per member per calendar year) <sup>9</sup>		<i>Certificate for details.</i>
Hos	pice		Call 1-800-531-4450 to
	imited) <sup>9</sup>		pre-certify.
	ision Therapy		
	able Medical Equipment (DME)		
Am	<b>bulance</b> (medically necessary emergency transport only)		
Eme	ergency Room (ER Visit)		
•	ER physician fee, CT scan, MRI, medical supplies, etc.	¢100	
•	ER charge (co-payment waived if admitted)	\$100 per visit	
9	Any combination of benefits from either column count toward this maximum.		
÷	Services are covered up to the maximum allowable benefit (MAB). Out of network pro	oviders may bill you for amounts that o	exceed the MAB.
σ	Deductible amounts are shared between both columns.		

٠ For subsequent Office Visits, you pay the applicable Network deductible or Out-of-Network deductible and coinsurance.

9-28-10

## Mental Health & Substance Abuse

For these services, <u>ALL</u> care must be authorized in advance by Behavioral Health Network (BHN) at 1-888-364-8665. You will pay less if you utilize a network provider.

Outpatient services:	Network Benefits	Out-of-Network Benefits
<ul> <li>Visit/consultation</li> <li>Inpatient services (substance abuse services are limited to detoxification only):         <ul> <li>Semi-private room &amp; board</li> </ul> </li> </ul>	Subject to deductible <sup><math>\sigma</math></sup>	Subject to deductible and coinsurance <sup><math>\sigma</math></sup>
- MH/SA physician visit		

Note: Inpatient and outpatient mental health and substance abuse benefits (combined) are limited to 20 visits per member per year. Any combination of network and out-of-network benefits counts toward this maximum.

#### **Prescription Drugs**

	Includes maintenance drugs at a retail or mail order pharmacy	Network Benefits		Out-of-network Benefits
	<ul> <li>Only certain drugs are considered "maintenance" and are available for a supply greater than 30 days.</li> <li>You pay the generic co-payment for diabetic supplies.</li> </ul>	<b>Prescription Drugs</b> (generic only)	\$10 co-payment (co-payment applies to each fill, up to a 30-day supply)	Not Covered
•	<ul> <li>Important notes:</li> <li>Coverage is for generic drugs only. If your doctor prescribes, or you choose to receive a brand drug, or if a generic drug is not available, your Anthem ID card will enable you to purchase brand name drugs at Anthem's negotiated cost, which is most often less than the retail cost.</li> </ul>	<b>Mail Order</b> (generic prescription drugs only)	\$20 co-payment (co-payment applies to each fill, up to a 90-day supply)	

### **Dental Services**

#### If you need further information, call Dental Customer Service at 1-800-440-3619.

Diagnostic & Preventive dental services

(limited to 2 exams and cleanings per member per year)

Diagnostic & Minor Restorative dental services

### Lifetime Maximums

Unlimited

### This is only a brief summary of your coverage. Please review your Subscriber Certificate for complete details on exclusions and limitations.

Plan pays benefit schedule amount after \$50 deductible

This summary of benefits is not a contract. It is a general description of the benefits of this plan. Members age nineteen (19) and older may be subject to pre-existing condition limitations. Complete information about all benefits, limitations and exclusions is in the Subscriber Certificate, which will be mailed to you after you enroll. If you need further information, call Customer Service at 1-800-477-4864.

### Anthem Blue Cross and Blue Shield has the right to recover its costs for care of:

- Injuries which are the responsibility of other parties
- Services for which another insurance carrier or Medicare is primary
- Services related to illegal conduct
- 9 Any combination of benefits from either column count toward this maximum.
- : Services are covered up to the maximum allowable benefit (MAB). Out of network providers may bill you for amounts that exceed the MAB.
- $\sigma$  Deductible amounts are shared between both columns.
- For subsequent Office Visits, you pay the applicable Network deductible or Out-of-Network deductible and coinsurance.